Contents and Highlights

Jewel of the Southwest1
Maps and Tour Options - There are detailed maps throughout the book. Is seven days too long? Try three. Too short? Try 142
What You Should Know About Costs and Reservations3
What You Should Know About Climate, Topography and Plant Life – You'll be seeing semi-arid country, with mountains, canyons, saguaros and a variety of other plants
The Day Before Day One – Tour a beautiful 18th century Spanish mission that still serves the local American Indian population; stay overnight in the desert at a unique B&B
Day One - Desert Appreciation Day - Visit a world-famous natural history museum/zoo/botanical garden; hike in a national park that exists only to display and protect the Giant Saguaro cactus12
Day Two - Tucson's Oasis and Artist; Scottsdale's Old Town – Take a narrated tram tour and a walk in a mountain canyon; enjoy the art of Ted DeGrazia; visit Old Town Scottsdale galleries and shops23
Day Three - The Best of Phoenix - Visit the world-renowned Heard Museum, the Desert Botanical Garden, the Phoenix Art Museum and the Arizona Science Center
Day Four - Sedona: Arizona's Red Rock Country – Enjoy Sedona's stunning scenery; photograph a famous scenic icon; jeep up, over, down and in-between the rocks; hike in the red rocks40
Day Five - Reader's Choice and Oak Creek Canyon - Visit an army fort or a cliff dwelling, an ancient pueblo or a mining town; or shop in Tlaquepaque; hike in Oak Creek Canyon
Day Six - Grand Canyon: Getting the Feel – Marvel at the South Rim's sights; take a nature walk with a ranger; learn about the Canyon's long history, and how it became "Grand"

Day Seven - Grand Canyon: Getting in Deep - Hike part way down (and back up) Bright Angel Trail; visit a prehistoric Native American	
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